



Team Building at Villa Cariola

As most business owners and managers know, great **teamwork** is one of the key factors associated with a company's **success**.

Team-building activities can be a powerful way to unite a **group**, develop strengths, and address weaknesses - but only if the exercises are planned and carried out strategically. This is why Villa Cariola, with its team of experts and specialists, will assist you in creating and planning the best **team-building activity** for your organization.

Thanks to its location, Villa Cariola is indeed the ideal setting, as it offers several **indoor** and **outdoor solutions** of fun and challenging activities. Verona, with its art and history, and the area of Lake Garda, with its stunning surroundings, will be the perfect locations for team building activities of any kind.

We hold several partnerships with different **providers** in order to satisfy any request and propose highly customised solutions for any budget.

Surrounded by the **beautiful landscape** of the Garda hills, Villa Cariola is a **18th century Venetian villa** located just a few minutes from Lake Garda and Affi's tollbooth. It features **36 elegant guestrooms**, finely decorated with classic furnishings. Antique beams, fine wooden floors and precious linens welcome our guests in a cosy and sophisticated atmosphere.

Villa Cariola **Restaurant** feature private and semi-private dining rooms which provide a classic and comfortable backdrop for entertaining large and small groups alike. Our Restaurant can welcome up to **400 guests** and it offers a variety of customized lunch, dinner and reception menus to suit any occasion and budget.

Villa Cariola is beautiful historical building that perfectly matches art & history with the cutting-edge **technologies** of a modern **congress centre**.





Cooking Class

Our culinary team building programs are some of the most popular and effective employee bonding experiences. They represent a source of inspiration for teamwork, camaraderie and collaboration.

Using the kitchen as a learning environment, groups of corporate executives, management and sales teams work together to create a gourmet meal, then sit down and enjoy it. Challenges to the group's creativity, communication, cooperation and time/resource management are inherent in the cooking process. In addition, the experience is designed to allow everyone - from the novice cook to a master chef - to participate comfortably. All of the activities are supported and coordinated by our Chefs.

At the end of the session, participants will be honoured with a certificate of attendance.

Timing: 2/3 hrs+ dinner

Dinner Menu

Main dishes

Lasagna (made by the participants)

Tortellini stuffed with ricotta cheese and spinach (made by the participants)

Second entry

Pork tenderloin in mustard-green peppercorn cream sauce served with seasonal vegetables

Dessert

Chocolate cake (made by the participants)

Drinks

Coffee

Mineral still & sparkling water

Red & white wines





At the end of the course all the dishes prepared by the participants will be served during dinner.





CERTIFICATE OF ATTENDANCE

This is the certify that _____

**has attended a “basic cooking class” organized by Chef Alessio Dusi and
Chef Marco Rossato at Villa Cariola, Caprino Veronese (VR)**

Chef	Chef	General Manager
_____	_____	_____



Sports Team Building Activities

CANYONING AT VAIO DELL'ORSA - depending on weather conditions

The participants will experience jumping into a fast-flowing mountain stream and allowing oneself to be carried downstream at high speed.

The group will route from Brentino up to the first waterfall. We will dive and bathe in deep ponds surrounded by the lush green vegetation of the Garda area.

Schedule: equipment distribution, quick briefing and departure to Brentino.

Once arrived in Brentino there will be a 15-minute walk to the canyon. This canyon can be easily explored and features incredibly beautiful jumps.

The whole route takes up to 2/3 hours.

Recommended equipment: trekking shoes, warm clothing, bathing suit, towels, a change of clothes.

MOUNTAIN BIKE EXPEDITIONS

Mountain bike expeditions can be arranged according to the participants' abilities.

The group will explore the lowlands between Caprino and Affi, cross the hills of Rivoli and ride to the lakeside and medieval towns of Bardolino, Costermano and Lazise. For more experienced bikers, routes across the Monte Baldo can be arranged.

Approximate distance: 20-30 km

Average timing: 3 hrs

Required equipment: proper clothing according to weather conditions and personal water bottle.





ORIENTEERING - TREASURE HUNT

The activity will take place at Monte Baldo. The group will departure from Prada (1000m).

Average

Timing: 4 hrs.

Description: the participants are divided in groups of 10/15 people, each one supervised by one of our guides. Teams are given maps and a set of grid references with questions relating to each grid reference. Teams must then follow different routes to get to as many locations as they can in the time available. The challenge is to collect as many answers as possible whilst managing the distance to ensure that the team is not penalised for lateness. Our staff will provide each group with maps and compasses.

Required equipment: proper clothing according to weather conditions, trekking shoes and personal water bottle.



ARCHERY TAG

Archery Tag is the perfect activity for corporate team-building events. No previous experience is necessary and both men and women compete on a level footing.

Watch your staff tackle the numerous games modes head on. Archery Tag is a game where strength and speed are not nearly as important as strategy and communication.

Timing: at least 2hrs.

Description: the participants will be divided in groups of 10 persons each and will be briefed on the activity. A 1-hour practice will follow. At the end of the training session the participants will be well equipped and trained to be very efficient. According to the number of the participants and the time left, the challenge will be either individual or by team.

The offer includes: shooting range arrangements, providing of all the archery equipment, professional instructors, insurance.





SNOWSHOEING AT MONTE BALDO - from December to March, depending on weather conditions

Snowshoeing on the sunny terraces of Monte Baldo's mountains is a winter dream come true. Our instructor will guide the group through an incredible hiking experience, exploring the wild and beautiful nature of the Garda area. This sport is easy to learn, virtually inexpensive (compared to other winter sports), poses little risk of injury and is a great way to exert energy during the cold winter months.

Time of departure: to be agreed with the client.

Uphill distance: 250mt

Difficulty: easy.

Timing: 2.5/3 hrs.

Description: the group will approach the uphill hiking through the woods of Monte delle Erbe, up to the edge where they will enjoy the breath-taking view over Monte Baldo. Moving downhill the participants will pass through the lowlands of Caprino and the Garda area. This is a very simple route, accessible to beginners too. Routes and schedule can be arranged differently upon request.

Required equipment: snowshoes, insulating clothing, gloves, backpack, sunscreen, sunglasses, snacks and a personal bottle of water. Hiking poles can be rented.

Maximum number of participants: 100





KART :

Features: Ready to go?

A beautiful indoor track of 270 mt, on 2 levels, with 8 rising turns for an amazing experience!
Every kart is equipped with the best security, such as roll-bar, safety belt and protection strips HIGH.
Suitable for everyone.

Timing: 2 hours

Description:

- Team with maximum 12 people

The offer includes:

- Rent
- Trucksuit, gloves and helmet
- Insurance

Prices:

Mini GP: 10 minutes of qualifying session + 10 laps

Medium GP: 10 minutes of qualifying session + 15 laps

GP: 10 minutes of qualifying session +20 laps





COCKTAIL CHALLENGE :

Description:

With professional equipment, the teams will face making the best alcoholic and non-alcoholic cocktail of the day. Bartender professionals will award the winners

Timing: 2/3 hours

Features:

- Guests: minimum 20, maximum 200.
- 1 professional bartender every 3 teams

The offer includes:

- Counter bar and technical equipment
- Ingredients for the cocktails



MUSICAL TEAM BUILDING:

Description:

With rhythmic and musical games and the use of various instruments such as drums, bells, maracas and voice, the teams will reach exciting and funny purposes: from creating a rhythmic orchestra to remake of famous songs.

Timing:

personalizing on the free time

Features:

- Guests: no limits

The offer includes:

- Musical instruments
- Teacher





SAILING CLASS

Our staff will plan and arrange the whole activity. 7/8 people will be addressed to each sailboat; whether your group includes people who are avid sailors or boating novices, young or old, fit or not so fit, they are encouraged to participate and learn equally. Those who wish to attend the event as visitors will be welcomed instead to the Intrepido lifeboat, which can accommodate up to 15 guests. Pictures and videos of the day will be given at the end of the activity.

Half-day schedule: outdoor training & coaching

9.30 am or 1.30 pm: the participants will arrive at Torri del Benaco (VR). There will be a brief presentation of the event and a welcome coffee. Then the participants will be trained on sailing techniques, boats' equipment and safety procedures.

10.00 am or 2.00 pm: crews get on board and start sailing. Each team member rotates as captain and crew.

Company executives remark over and over how amazing it is to experience taking orders from an employee when they are tasked with crewing instead of leading. Employees discover how challenging it is to be in the driver's seat. This all results in renewed respect for one another.

12.00 pm or 4.30 pm: crews make their way back to the harbour.

Requirements: a minimum of 7/8 participants per sailboat; 1 instructor per sailboat; lifeboat for visitors assistance and photographer (15 persons maximum); gas and lifeboat's crew.





COUNTRY FAIR

A country fair atmosphere will be created and all the participants will be involved in typical country games such as the bull ride. A folk group will play and entertain so that everyone will be having fun.



IMPROVISATION

Improvisation exercises are a powerful tool for team building in any group, whether on a stage or in a conference room. Improvisational activities are excellent vehicles to help groups or "teams" interact effectively. Teambuilding through improvisation is both fun and effective in helping presenters understand the dynamics of human interaction.

By practicing improvisational activities, presenters can develop the lateral thinking and creativeness necessary for effective communication within groups and among team members, as well.





VINTAGE CAR TOURS

A unique opportunity to live an unforgettable experience on board of a beautiful classic convertible. More than thirty prestigious cars are available for tours and team building activities, such as "Mille Miglia" style competitions, treasure hunts and themed itineraries.

The offer includes: cars delivery at Villa Cariola, insurance, assistance, gas, roadbook, vintage gloves and sunglasses.





WINE TASTING AT MONTE ZOVO

An original day out. A fascinating journey through thousands of years of wine-making tradition in the Verona area, amid vineyards nestling in magnificent countryside. A moment of respite, a breath of fresh air, a step back from the frenzy of everyday life. A delightful atmosphere in the lively setting of entirely unspoilt countryside forms the backdrop to a sensual experience that begins amid the oak barrels and meanders through the elegance and sophistication of Verona wine-making tradition, culminating in a glass. There are two large rooms for Guided Tasting Sessions, where visitors can sample the company's wines, accompanied by typical, traditional specialities from the Verona area. Quick tasting sessions for smaller groups of visitors (up to 10 people) take place in a smaller room located within the company shop.

A Classic Tasting Session includes the opportunity to sample three wines: Soave DOC, Bardolino Doc and Valpolicella Doc, served with different kinds of cheese and soppressa salami from Verona.





CONTACT & LOCATION



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From highway A22 exit to Affi. At the traffic roundabout take the first exit, then continue on via San Pieretto for 900 meters. At the traffic roundabout take the second exit and continue to SP11 towards Platano/Caprino Veronese/Spiazzi for 8 km. Then turn right and continue on SP 8. You will reach Villa Carila after 200 meters, on the right.

About 300 private parking spots are available for our guests.